

### BAPUJI DENTAL COLLEGE AND HOSPITAL, DAVANAGERE DEPARTMENT OF PUBLIC HEALTH DENTISTRY



## **INTERNATIONAL YOGA DAY**

**21<sup>ST</sup> JUNE 2022** 





#### **Connecting with yoga is about connecting with happiness**





#### Every day is a great day for yoga





Yoga is a magical practice to health





# Yoga is the perfect opportunity to self confidence





#### **Calming the mind is yoga**





#### **YOGA FOR WELL BEING**





Yoga for stress management





#### **Yoga for Mental Stability**



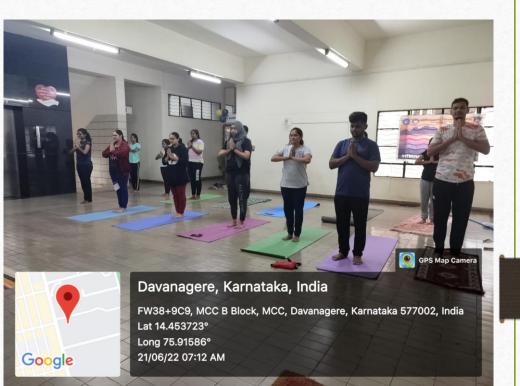


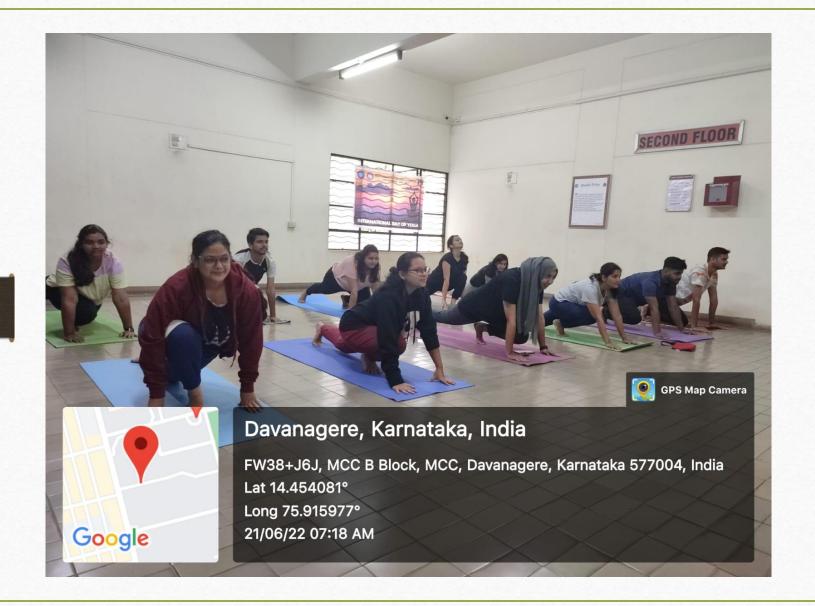
#### **YOGA-best way to fitness**



#### **HAPPY INTERNATIONAL YOGA DAY**









# Team Participated in the program